

- Residents/patients may be enabled to have greater control over their lives
- The introduction of an advocate adds another dimension to the person's support network
- Those who are unable to participate in decision making processes, have an independent representative within that process
- An advocate may validate a referrer's actions.



Our advocacy service can help make a positive difference to an older person's quality of life.

i.e. people in Fife who are affected by disability, chronic illness, dementia or mental disorder and are unable to safeguard their own well-being, rights, care or other interests,



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FIFE FORUM SCIO

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Scottish Charity Number: SC022596

Fife Forum



Advocacy for Older People in Care Homes & Community Hospitals





Tel: (01592) 643743

Advocacy



This service is specifically for older people who are either resident in a care home or who are patients in a community hospital and meeting the eligibility criteria¹:-

- Over the age of 65
- Facing a time of uncertainty, conflict or change
- Unable to access relevant information
- In conflict with family or others
- Without family or friends who are able to assist them appropriately

An advocate can:

- Give time to listen to what the person is saying within a confidential relationship
- Offer support and understanding
- Find information and explain it
- Speak alongside them to other people or organisations
- Help them maintain control over their lives

The advocacy service provides an advocate who works in a person centered way enabling the person to be heard.

Advocates are not:

- Counsellors
- Therapists
- Benefit advice workers
- Social workers

- Befrienders
- Interpreters

Example of how we can help

A care home manager was concerned that a person's wishes were not being listened to because family members continually spoke for the person. The advocate was able to support the person to be listened to actively encouraging family to ensure the wishes of the person and not theirs were being upheld.

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